

# Spirituality and Mental Wellness



Join our new support group for discussion and growth around faith and mental wellness in a safe space.

## **Spirituality and Mental Wellness**

meets on the second Saturday of the month at  
Presbyterian Church of Lawrenceville,  
2688 Main Street, Lawrenceville  
**10:00 a.m. in Room 105**

Drop in anytime | No  
commitment

Let's prioritize our mental wellness this year!

Call 609-672-6668 for details.



[www.insolidaritycounselingpractice.com](http://www.insolidaritycounselingpractice.com)